MACRA is Coming: Reimbursement for Quality and the Shift to Population-Based Care

AMERICAN NEUROLOGICAL ASSOCIATION
October 17, 2017

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Disclosures

• Dr. Nuwer – No Health Care Policy conflicts.
  NIH NINDS and CDMRP research grants.

• Dr. Jones – None
Goals

By the end of this talk you should be able to return to your departments and:

• Provide an overview of the factors driving the value-based care movement
• Discuss the essential elements of MACRA
• Develop a plan for participation in MACRA and related value-based payment models
The Value-Based Care Movement: How Did We Get Here?
Background: Health Care Costs

Projections of National Health Care Expenditures and Share of GDP, 2013-2023, source Kaiser Family Foundation
Background: Health Care Costs

- Risk Transfer: Payer (insurer) → Provider
- Includes: Performance risk and actuarial risk
### Background: Health Care Costs

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<thead>
<tr>
<th>Category 1</th>
<th>Category 2</th>
<th>Category 3</th>
<th>Category 4</th>
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<tr>
<td>Fee for Service –</td>
<td>Fee for Service –</td>
<td>APMs Built on Fee-for-Service</td>
<td>Population-Based Payment</td>
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<td>No Link to Quality &amp; Value</td>
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<td>Architecture</td>
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<td>Foundational Payments for Infrastructure &amp; Operations</td>
<td>APMs with Upside Gainsharing</td>
<td>Condition-Specific Population-Based Payment</td>
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<td>Pay for Reporting</td>
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*Alternative Payment Model Framework Final White Paper. CMS Health Care Payment Learning and Action Network, January 2016*
Background: Health Care Costs
Background: What is MACRA?

• The Medicare Access and CHIP Reauthorization Act of 2015 (MACRA)
• Passed with wide bipartisan and bicameral support
  – House vote: 392-37
  – Senate vote: 92-8
• Signed into law April 2015
• First final rule released October 2016 governing 2017 implementation
• Final rule for 2018 coming soon
Background: What is MACRA?

• Permanent repeal of the SGR
• MACRA implements a completely new payment structure

\[ \text{Value} = \frac{\text{Quality + Safety + Service}}{\text{Total Cost Over Time}} \]

• Rulemaking has been critical to implementation
Background: MACRA → QPP

Merit-Based Incentive Payment System (MIPS)
- Default pathway
- Essentially a heavily modified form of fee-for-service
MACRA: MIPS Exclusions

First year of Medicare Part B Participation

Below low volume threshold:
- $30,000 Medicare allowable charges, OR
- Fewer than 100 Medicare patients

Qualifying participant in an approved Advanced Alternative Payment Model (APM)
MACRA: MIPS Exclusions

MIPS exclusion impact on neurology:

– CMS estimates that of 17,378 eligible neurologists, a total of 24.9% will be exempt from the MIPS program in 2019 (based on 2017 performance). Here is a breakdown of estimated neurology exclusions:

• Excluded due to low volume threshold: 18.5% (3,215)
• Excluded due to being a qualified APM participant (QP): 1.6% (275)
• Excluded due to being newly enrolled in Medicare: 4.8% (842)
MACRA: MIPS Categories

• Quality
• Cost
• Advancing Care Information (formerly known as Meaningful Use of Electronic Health Records)
• Improvement Activities
MACRA: MIPS Categories

- Quality (60%)
  * Decreases to 30% in 2019
- Cost (0%)
  * Increases to 30% in 2019
- Advancing Care Information (25%)
- Improvement Activities (15%)
MACRA: MIPS Categories

- Quality (60% for 2017, will drop to 30% by 2019)
  - Will closely resemble PQRS
    - Requires reporting 6 quality measures
    - In 2017, reporting just 1 measure will help avoid penalty
  - Measures can be selected from multiple domains:
    - Clinical care
    - Safety
    - Care coordination
    - Patient and caregiver experience
    - Population health and prevention
    - Affordable care
MACRA: MIPS Categories

- Quality (60% for 2017, will drop to 30% by 2019)
  - Certain measure types have been given priority for inclusion:
    - Outcomes
    - Patient experience (such as patient reported outcomes or PROs)
    - Care coordination
    - Appropriate resource use
MACRA: MIPS Categories

• Cost (0% for 2017, up to 30% in 2019)
  – This will be similar to the Value-based Payment Modifier (VBPM)
  – No reporting is necessary
    • Resource use (cost) data are collected automatically by CMS from submitted claims
  – Most current methods of risk adjustment and patient attribution will be carried forward
Advancing Care Information (ACI, formerly Meaningful Use or MU) (25%)

- Will generally align with existing MU requirements
- Inconsistencies between current programs (e.g., PQRS and MU) will be eliminated
- Final rule calls for reporting a combination of Base and Performance ACI measures
- Approved measures (in the Quality category) will automatically satisfy the MU quality measure reporting requirements
MACRA: MIPS Categories

- Improvement Activities (15%)
  - This is new for CMS, but will feel similar to practice improvement activities in other parts of our practice
  - QCDR (such as the Axon Registry) participation will positively impact score
  - The final rule for 2017 calls for participants to report:
    - 2 “high-weighted” activities, or
    - 4 “medium-weighted” activities
MACRA: MIPS Timeline

- 2017 Performance Year
- Data Submission (by March 31, 2018)
- Feedback Available (July 2018)
- 2019 Payment Adjustment
MACRA: MIPS Risk Corridor

Combined PQRS, MU, VBPM penalties

Annual Update  Max. Penalty  Bonus Potential
MACRA: MIPS Reporting

Quality
- Claims
- QCDR or Qualified Registry
- EHR
- Administration claims for population health (no submission required)
- Groups only (25+): CMS web interface; CMS approved survey vendor for CAHPS and MIPS

Cost
- Administrative claims (no separate submission required)

Advancing Care Information (MU)
- Attestation
- QCDR or Qualified Registry
- EHR
- Groups only (25+): CMS web interface

Improvement Activities
- Attestation
- QCDR or Qualified Registry
- EHR
- Groups only (25+): CMS web interface; administrative claims (no separate submission required)
MACRA: MIPS Implementation

• In its final rule, CMS identified 2017 as a “transition year,” with several reporting options and outcomes:
  – Full-year reporting begins on January 1, 2017
  – Partial year reporting for a reduced number of days
  – A “test” option under which physicians can report minimal amounts of data
• Softer implementation will likely continue, though unclear to what extent
MACRA: MIPS Implementation

Pick Your Pace in MIPS

If you choose the MIPS path of the Quality Payment Program, you have three options.

- **Don’t Participate**: Not participating in the Quality Payment Program:
  If you don’t send in any 2017 data, then you receive a negative 4% payment adjustment.

- **Submit Something**: Test:
  If you submit a minimum amount of 2017 data to Medicare (for example, one quality measure or one improvement activity for any point in 2017), you can avoid a downward payment adjustment.

- **Submit a Partial Year**: Partial:
  If you submit 90 days of 2017 data to Medicare, you may earn a neutral or small positive payment adjustment.

- **Submit a Full Year**: Full:
  If you submit a full year of 2017 data to Medicare, you may earn a moderate positive payment adjustment.
MACRA: AAPM Pathway

Advanced Alternative Payment Models (AAPMs)
MACRA Basics: To Control Cost, CMS Tries Packaging Care
1960’s Medicare design

- Medicare paid physician “usual, customary, reasonable”
- Patients paid the balance
Medicare

$ (fee schedule)

Medicare HMOs

Medicare Advantage Plan

CPT

MD

$
HMO Acuity Adjustment

Medicare

ICD, CPT

MD

$ (fee schedule)
Figure 3
Distribution of Enrollment in Medicare Private Plans, by Plan Type, 2016

Traditional Medicare 69%

Medicare Advantage 31%

HMO 64%

Local PPO 23%

Regional PPO 7%

PFFS 1%

Other 4%

Total Medicare Advantage Enrollment, 2016 = 17.6 Million

NOTE: PFFS is Private Fee-for-Service plans, PPOs are preferred provider organizations, and HMOs are Health Maintenance Organizations. Other includes MSAs, cost plans, and demonstration plans. Includes enrollees in Special Needs Plans as well as other Medicare Advantage plans. Excludes beneficiaries with unknown county addresses and in territories other than Puerto Rico.

Need a better system
- Pay for value
- Outcome measures
- Accountability
- Efficiency
MACRA’s Quality Payment Programs (QPP): Advanced Alternative Payment Model (APM)
Alternative Payment Model Options

- **Advanced APMs**
  greater risks and rewards
- **Qualified Medical Homes**
  different risk structure
- **MIPS APMs**
  receive favorable MIPS scoring
- **Physician-focused APMs**
  under development
APMs pay to incentivize quality and value in health care.

**Elements of an Advanced APM:**
- **EHR**, certified
- **Quality** measures like MIPS
- **Risk** for annual financial loss

**Advanced APM Participants:**
- No MIPS bonuses or penalties
- Annual 5% bonus
- Higher fee schedule payments
- Must meet a participation threshold percentage

**Types of Advanced APMs:**
Comprehensive ESRD Care Model (13 ESCOs)

Comprehensive Primary Care Plus (14 states/regions)

Medicare Shared Savings Track 2 (6 ACOs, 1% of total)

Medicare Shared Savings Track 3 (16 ACOs, 4% of total)

Next Generation ACO Model (currently 18)

Oncology Care Model Track 2 (A portion of 196 practices will qualify)

ACO Track 1+

Voluntary bundled payment models

Comprehensive Care for Joint Replacement Payment Model (CEHRT Track)

Advancing care coordination through episode payment models Track 1 (CEHRT)

Vermont Medicare ACO Initiative (all payer ACO model)
# APM Requirements & Payments

<table>
<thead>
<tr>
<th></th>
<th>Qualified Advanced APM</th>
<th>Partially Qualified Advanced APM</th>
<th>MIPS APM participant</th>
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<tbody>
<tr>
<td>Patient and revenue thresholds required</td>
<td>&gt;25% revenues or &gt;20% patients in 2019, rising to 75% or 50%</td>
<td>&gt;20% revenues or &gt;10% patients in 2019, rising to 50% and 35%</td>
<td>None</td>
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<tr>
<td>Eligible for APM bonus, higher updates</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
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<tr>
<td>Must participate in MIPS</td>
<td>No</td>
<td>Optional</td>
<td>Yes</td>
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<tr>
<td>MIPS scoring and adjustments</td>
<td>N/A</td>
<td>Favorable scoring</td>
<td>Favorable scoring</td>
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Advanced APMs: Issues to Address

• Too few qualified Advanced and other APMs
  – Particularly for specialists
• Timeline for developing new models is long
  – Transition bonus payments expires after 2024
• Risk requirements are unrealistic
• Risk requirements are complicated
Quality Measures
Quality Measurements

- Many are available in Neurology
- Many are available for general health care
- Numbers required annually have varied
- Measures depend on literature support
Quality Measure examples:

- ALS Patient Care Preferences
- Evaluate Risk of Opioid Misuse
- Headache Disorders Quality of Life Assessment
- Parkinson’s Treatment Options Review
- Counseling for Childbearing Potential for Epilepsy
- Dementia: Cognitive Assessment
- Tobacco Use Screening & Cessation Intervention
Bundled Payments
One Way to APM: Bundled Payments

Concept
• Defined episode of care

Example:
• Joint replacement surgery

Questions/Issues
• Who receives the payment?
• Who decides how to distribute the funds?
• Who realizes the savings?
Bundled Payments for Episodes of Care

• Goal is to cover 50% of Medicare costs.

• Already in use:
  – Cataract/lens surgery;
  – Mastectomy;
  – Aortic/mitral valve surgery;
  – Coronary artery bypass graft;
  – Repair of hip/femur fracture or dislocation;
  – Cholecystectomy and common duct exploration;
  – Colonoscopy and biopsy;
  – Transurethral resection of the prostate for benign prostatic hyperplasia; Hip replacement or repair;
  – Knee arthroplasty.
Bundled Payment in Neurology?

- Acute conditions or episodes
  - Stroke?
  - Traumatic injury?
- Chronic conditions
  - MS?
  - ALS?
  - Epilepsy?
- Episode durations might be 3 months or longer
Headache Bundles: An Example

- **Category 1:** Initial Diagnosis and Treatment for Headache, Undiagnosed, Difficult to Diagnose or Poorly Controlled.
  - One-time payment
  - 3-month period
- **Category 2:** Continued Care Difficult-to-Manage Headaches
  - Monthly bundled payment
  - One month
- **Category 3:** Continued Care for Well-Controlled Headaches
  - Add-on service
  - Indefinitely, as-needed
Medicare Shared Savings Program (MSSP) as an Advanced APM
Medicare Shared Savings Program: MSSP Track 1+

Track 1 = no risk = Not an Advanced APM

Track 1+ = Least risk of the MSSP Advanced APMs

5% bonus plus any MSSP savings

Primary Care only vs All Physicians

Hospital, SNFs included
## Magnitude of Shared Losses

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<th>Track 1</th>
<th>Track 1+</th>
<th>Track 2</th>
<th>Track 3</th>
<th>Next Gen</th>
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<tr>
<td>Loss Sharing Rate</td>
<td>N/A</td>
<td>30%</td>
<td>40-60%</td>
<td>40-75%</td>
<td>80-85% Option = 100%</td>
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<td>Loss Sharing Limit (% of benchmark)</td>
<td>N/A</td>
<td>4%</td>
<td>Year 1 = 5.0%</td>
<td>15%</td>
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<td>Year 2 = 7.5%</td>
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<td>Year 3 = 10.0%</td>
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<tr>
<td>Buffer: Minimum Loss Rate (No shared losses until buffer met)</td>
<td>N/A</td>
<td>Choice between 0-2.0%</td>
<td>Choice between 0-2.0%</td>
<td>Choice between 0-2.0%</td>
<td>None. First dollar over benchmark</td>
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MSSP Track 1+

Track Metrics, Take Action on items such as:

• Ambulatory Care Sensitive (ASC) Discharges
  – admissions that should have been avoided
• Advanced Imaging (CT and MRI)
• Hospital Discharges
• 30-Day Readmissions
• ED visits
Population Health
Contractual accountability and risk managing of patient health: quality, cost and patient experience
What Physicians Can Do to Prepare
Population Health

• **Innovative** care models
• **Coordinate Care** across all settings
  – home, SNF, clinic, and hospitals
• Aggregate and **manage risk** in large populations
• Opportunity to **expand** service lines
• **Task Forces:** identify gaps, phone and electronic communications, determine timeframes, sort priorities, straighten workflows, automate processes, work at top of license
Collaborative Efforts across the Health System

Population Health Management
- Defined Populations
- Empanelment
- Integrated Care Model
- Social Determinants
- Performance Metrics/Care Gaps
- Total Cost of Care (Price)

Clinical Care Improvement/Care Transformation Projects and Programs
- Advanced Care Coordination Model & Programs (all specialties)
- Improvement Projects of Quality Officers, Clinical Department, and others
- Ambulatory Nursing Standardization and Safety

Patient Experience Enhancement
- CAO led Office Operations and Office Staff
- Patient-Physician Communication feedback and interventions

Triple Aim + 1 (Provider Sustainability)
Population Health Care Coordination

Task Forces reach across all domains

- Ambulatory clinics
- Inpatient advisory
- SNF
- Quality
- Education
- Research
- Revenue
- IT
- Strategic
Central leadership guides cohesive and coordinated performance.
Centralization vs. Academic Mission

To realize savings, APMs:

• depend on standardization and centralization
  – not typical of academic institutions.
• control patient access and referrals
• need large primary care programs

Universities traditionally:

• depend on flexibility and individuality
• dominated by specialists who order expensive tests, hospital charges

Transition will complicate the academic triple mission of patient care, education, and research.
Working Together

• APMs are resource intensive
• Systems need organization, cost management, align clinical performance, coordinate patient care.
• Difficult for physicians to remain independent.
• Heightened pressure for faculty to work effectively with community practitioners.
Achieving Success Together in Population Health

Health system physicians and administration work together:
• Develop dashboards, task forces, and specific action items
• Ensure evolution of care redesign within all specialties
• Enhance performance on quality metrics
• Close “care gaps”
• Optimize resource use
  – Admissions/readmissions/ED
  – Laboratory and imaging
  – High-cost drugs
• Enhance diagnostic coding
• Maintain and enhance patient experience
• Optimize EHR
• Identify high-risk patients, use team-based care coordination
### Focus Areas

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<th>Clinical Priorities</th>
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<th>Quality Thresholds</th>
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<td>Admissions/Readmissions</td>
<td>Risk Stratification</td>
<td>Care Gaps</td>
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<td>Bed Days</td>
<td>Report Optimization &amp; Dashboards</td>
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<td>High Cost Condition Management</td>
<td>Software Tools</td>
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<td>High Cost Pharmaceuticals</td>
<td>Clinical Data Integration</td>
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<td>Site of Care (e.g. ASC)</td>
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<td>Patient Engagement</td>
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<td>ED appropriate use</td>
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Work in your Department with APMs

• Appoint Department physician, manager champions
  – Department-specific clinical, analytic, quality goals
  – Find care gaps
  – Support workflow and process changes
• Work with system population health teams on analytics, care transformation and care management.
• Optimize EHR platform to support population health management.
• Participate in Bundle development
• Champions may play roles in developing the future
MACRA: Learning to Live with the Future and Shape the Future

Questions?