AUPN New Chairs Mentoring Session

Moderated by Clifton L. Gooch, MD

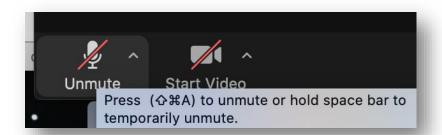
With Special Guest

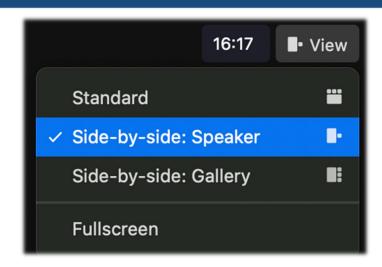
Barbara G Vickrey, MD, MPH



Housekeeping

- Zoom Meeting
- Speakers will have cameras on
- For the slide presentation segment, we suggest using the "Side-by-side: Speaker" view
- Please keep your lines muted to preserve audio quality
- During the open discussion, attendees are welcome to raise hand, or voice questions aloud to the group.







Welcome

- Chair Introductions
 - Institution
 - Time in Position



AUPN Member Resources

Welcome to AUPN!



Our Mission and Vision

ABOUT AUPN

The Association of University Professors of Neurology (AUPN) was founded in 1967 and formally incorporated in 1968. It was organized originally to foster the development of academic neurology's educational, research and patient care programs. The organization has always served as a forum for the Chairs of Departments or Divisions of Neurology in accredited medical schools in the United States, or similar programs in Canada, to discuss academic interests and challenges. The AUPN supports department chairs through its educational offerings that are geared toward the leaders in Neurology Departments including program directors and clerkship directors.

OUR MISSION

To advance and strengthen the academic Neurology community through education, mentorship and the sharing of best practices among leaders in academic neurology.

OUR VISION

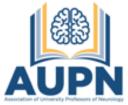
To shape the future of neurology as the voice of its academic leaders.



AUPN Member Benefits







AUPN Programs and Workshops









Education





ABOUT

MEMBERSHIP

FUTURE PROGRAMS

EDUCATION

OB BOARD (

CHAIR RESOURCES

MEMBERS

EDUCATION

AUPN offers Educational Courses that are designed towards current topics and/or issues pertinent to our members. These courses are targeted towards Neurology Chairs, Residency Program Directors, Clerkship Directors, Small Academic Departments of Neurology, and we offer a mentoring program for Chairs 0-3 years in their role. Click on the following sub categories to view presentations on each subject.

AUPN Meetings:

Winter Programming (virtual)

Clerkship Directors Workshop

Program Directors Workshop

Additional Workshops Relevant to Members

Spring Programming (in conjunction with the AAN Annual Meeting)

Spring Chairs Session

New Chairs Mentoring Luncheon

Fall Programming (in conjunction with the ANA Annual Meeting)

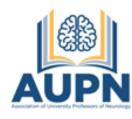
Fall Chairs Sessions (three in total)

Networking Session for Small Academic Departments of Neurology

ANA-AUPN Meet the Chairs Session

ANA-AUPN Career Fair





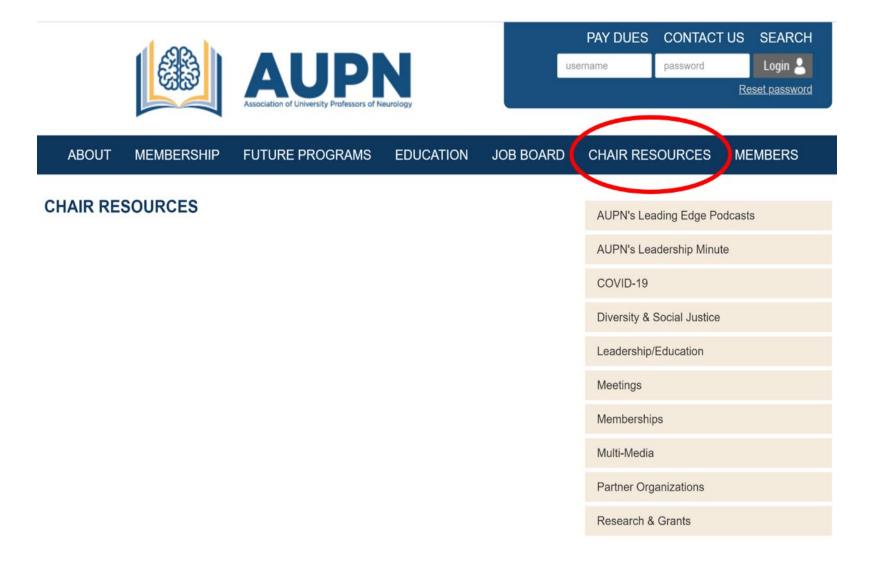
Education Cont.

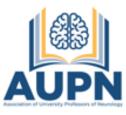
- AUPN offers Educational Courses that are designed towards current topics and/or issues pertinent to our members. These courses are targeted towards Neurology Chairs, Residency Program Directors, Clerkship Directors, Small Academic Departments of Neurology.
- We also offer a mentoring program for Chairs 0-3 years in their role.

| Physician Burnout | Faculty Development | Recruitment and Hiring |
|---------------------------------------|------------------------|------------------------|
| Productivity, Compensation, & Quality | Leadership Development | Residency Education |
| Promoting Research | Neurology Clerkship | Teleneurology |



Chair Resources





Chair Resources Cont.

- Leading Edge Podcasts
- Leadership Minute
- Covid-19 Resources
- Partner Organizations
- Leadership/Education
- Diversity and Social Justice
- Research and Grants













Mud M Alvi, MD

West Virginia University

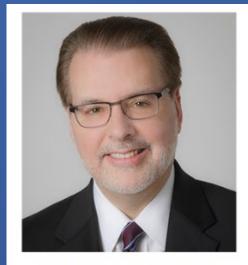
Robert C. Byrd Health





David G Standaert, MD, PhD University of Alabama at Birmingham

Advice to New Chairs What we wish we had known



Clifton L. Gooch, MD University of South Florida Morsani College of Medicine



Barbara G Vickrey, MD, MPH Icahn School of Medicine at Mount Sinai

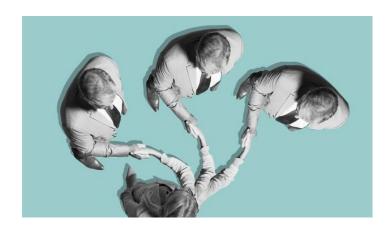




Congratulations!

You now have <u>more</u> Bosses

- Dean
- CEO of Clinical Operations
- Hospital President
- University President
- Associate Deans
 - Medical Student Education
 - GME
 - Research
 - Faculty & Clinical Affairs
- Board Members, Donors & VIPS
- Your Department Faculty
- Your Success depends upon keeping them happy
 - Meet & Cultivate relationships early
 - Find out what they want, and share your vision







Surprise!

Not everyone is happy to see you

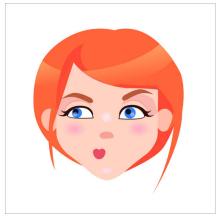
Early Fans

- Excited about change
- Looking forward to improvements
- Seek to engage early
- Often more naturally optimistic junior faculty

The "Wait and Sees"

- Often mid-career to senior faculty
- Have "been around the block a few times"
- Past experience makes them wary
- Can be won over, but need proof of concept
- May take months or up to 1 to 2 years







Not everyone is happy to see you Skeptics

- Skeptics

- Usually more senior faculty
- "I have heard that one before" (eye roll)
- May be burnt out, embittered by experience, resistant to change
- Sometimes chronic pessimists
- Can be won over sometimes, but sometimes not
- Still can be productive part of team, **IF:**
 - They fulfill assignments
 - They don't promulgate negativity





Not everyone is happy to see you Insurgents

- Danger Will Robinson!
- Open and/or Clandestine
 - Can come from faculty at any academic rank
- Motivations Vary
 - Response to changes made by you affecting them
 - Feel you did not show them appropriate respect
 - Passed over as Chair for you
 - Power play within the Department for personal gain
 - Jealousy
 - Personality Conflict
 - Rarer: Sociopathy (6% of population)
- Can imperil your success and your position







An Ounce of Prevention Winning Hearts and Minds

- Show you Care

- Meet with Every Faculty Member & Key Staff Early
 - Start with Division Chiefs
 - Identify and show interest in their passions
 - Understand and Sympathize with their problems
 - Do your best to match passion & ability with jobs to be done
 - Take notes, you will learn a lot
- Present your vision for the Dept.
 - Individually and Collectively
 - Explain challenges, solutions and how the faculty will benefit
- Find Quick Wins
 - Rapidly move to improve their lives via low-hanging fruit opportunities
 - Use some of your new-chair cred if needed





An Ounce of Prevention Winning Hearts and Minds

Win the Golden Fleece

- Solve an intractable, Department-wide source of frustration/impediment
- The faculty may define this for you, but choose wisely if you have a choice
- This will go a long way in establishing your authority and benefit with the faculty

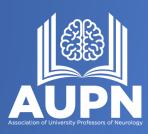
- Turn the Insurgents if you can, If not make changes

- "A Rotten Apple Spoils the Bunch"
- Robert Sutton PhD:
- The No A** Hole Rule: Building a civilized workplace and surviving one that isn't.
- This should be done carefully, with clear justification and after due consideration
- Benefit should outweigh the potential costs
- Consult carefully with Dean and Head of Faculty Affairs, HR & Legal
 - Will require lots of explanation and updates
 - Remember you are still establishing your credibility up and down the org chart



"Do over" Reflections

Barbara G. Vickrey, MD, MPH
Professor and Chair
Icahn School of Medicine at Mount Sinai



Apply a Basic Tenet of Community Organizing



Grassroots organizing is one of the essential capacities needed to carry out a successful campaign.

"A process of effecting change [BV] by involving a constituency in identifying both the problems they share and the solutions to those problems, identifying the targets that could make those solutions possible, engaging with those targets..."



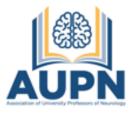
Meet with people regularly

- Meet regularly with the Dean
- Meet regularly with hospital leadership
- Meet regularly with faculty (small groups as well as 1:1); ask them questions
- Include faculty+staff working groups for projects/operations
- Let people complain there are too many meetings and nothing to discuss before decreasing (Corollary: there is always something meaningful that can be discussed)

Figure out how to make effective business cases

• Most of your work will involve negotiating for resources to enact change (new programs, addressing new requirements, etc.)

 Requires having or putting in place a strong finance team and trustworthy and competent administrator



Hire Project Managers

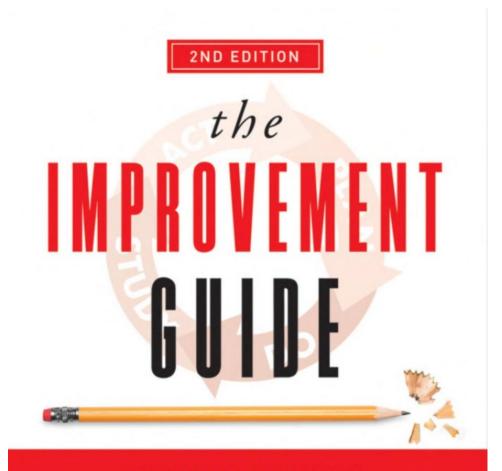


| CT NUMBER | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | |
|--|--|---|--|--|--|---|---|--|--|---|---|--|
| et for completion | Q4-2018 | Q1-2019 | Q4-2018 | | Q4-2018 | Q4-2018 | Q4-2018 | TBD | TBD | Q4-2018 | Q4-2018 | Q4-20 |
| Type of Project | Faculty Development | Faculty Development | Faculty Development | Faculty Compensation | Media and Communication | Media and Communication | Media and Communication | Research | Research | General administration | General administration | Clinic |
| Project title | Individualized Core and Tailored Academic Data Sharing with Faculty | Annual Faculty Performance Evaluations | Viewable Resource Sharing | Group wRVU for epilepsy | Updated Signage | update every faculty individual and division web profiles | Department listserv table/decision guide | Improving Grant Success Through Systematic Review and Feedback | Setting up Clinical trials Financing budgeting and review process | Standardizing work meeting | Create Box folder for department SOPs & organization of Box folders for Administrative Core | Indiv Gane |
| Designated PM | Chhavi Arora | Trisha Tagle | Trisha Tagle (needs to set up meetings with BV) | Aspasia Kalomoiri | Johnni Lindsay, Operations Manager | Judith Blazer and division managers | Trisha Tagle | Need to verify with Nathalie what else is needed. | | confirm that they have a workflow and appropriate templates to follow up on action items for each division). | Chhavi / MC | Chi |
| Project Lead(s) | BV | vickrey | none at present | Nathalie Jette | none at present | Vickrey plus Blazer | none at present | Nathalie Jette, Lidija Ivic | | none at present | none at present | none |
| | to provide data on a range of academic activities to faculty for their information to use for self-improvement | mandatory annual evaluations required by Dean's office | to make important, up-to-date, and typically less accessible departmental data on resources and grand rounds schedules available to all faculty (and selected information to trainees) | | to ensure that signage for clinical, research, and administrative activities in all department locations at all sites is periodically updated | | to efficiently and accurately select appropriate audience for a particular department communication | to increase the quality and competitiveness of junior faculty grant submissions | to improve decision-making about clinical trial participation and financing to support Sinal participation | to develop and put in one place on Box templates and protocols for providing support for ongoing admin and other project meetings, like minutes and action items | so that staff turnover does not lead to loss of knowledge | topo Fres inter |
| | indirectly improve financials due to faculty being able to monitor own data; also improve teaching, patient experience ratings, and quality | mandatory from School | morale and efficiency | disincentivize hogging high-reimbursed EEG interpretation; incentivize outreach activities | | to improve the professional nature of our appearance to outside world (ie remove typos and errors) and to update to include information potentially of interest to patients and referring providers ie clinical trials, subspecialty | : make sure all appropriate faculty, staff, and/or trainees receive information distributed from central administration | increase the number of funded grants through higher success rate and linking to more funding announcements | | efficiency | indirectly to minimize lost revenue from inefficiencies during staff transitions | imp |
| | point person needs to follow established rubric for ensuring that updates to faculty box folders are occurring at proscribed times, and that Box is accessible and working for faculty; need to meet with each division to determine what tailored reports are desirable and how often | identify evaluator for each faculty member; disseminate assignments and instructions (consider an in-service/training), monitor progress, make Box folders available, make transparent to faculty; keep templates for each year in accessible location | have process for updating (add/remove) faculty and trainees with viewing access to Box; periodically review and update folders on box | consensus process to determine weighted equivalents of time for various activities | canvas all locations with department signage; create process and responsible entitles for periodically updating | one-on-one meetings to review line by line in a tracking sheet every item on the web profile with the faculty member | to create a department listserv table that has categories of audiences so that when someone in central admin or dept leadership needs correspondence distibuted, the correct audiences are selected, and to have a process to continuously maintain! keep it up-to-date | create protocols and timelines, and create | | | person to monitor and update and outreach for updates; SOP training and format; determining access and updating | step Mai Add repo h finis with and |
| Who's it for | All faculty | All faculty | faculty and trainees | epilepsy division | patients, visitors, faculty, staff, trainees | patients, referring physicians | accurate distribution of specific correspondence | junior faculty | faculty participating in clinical trials | all department | all central admin and indirectly, all faculty trainees and staff | fac |
| tment faculty and olved on ongoing basis | David Lisco for monthly P&L and FPSC data; need process for regular teaching eval updates (ed staff) and academic updates; Devell for Box access | Connie to schedule meetings; admin assistants of division chiefs | Devell (IT); should have JK (education aspects) and HR (faculty on/off boarding) | | needs to involve John Bone (clinical) and Heather (HR), as well as Jennifer Savitsky and Rob Shiau | | education staff for trainee updates and HR staff for faculty updates | to be determined | | none at present | Devell for IT issues | site site |
| l non-department entities | none | none | none | | where one gets signage | | none | possibly faculty at other departments | | none | none | FF |
| SOP needed? | Yes although some template correspondenc | Yes | Yes | | Yes | Yes | Yes | Yes | | Yes | Yes | Ye |
| off determined? If yes, who? | no | no | No | | no | yes, Judith Blazer | yes, Connie Guzman | yes, Lidija Ivic | | no | no | no |
| tus PRIOR to PM involvement | Need to finish creating a SOP and identify and train an ongoing lead, as well as develop customized financial reports | have some template emails - not organized; have asked and mentored about 4 or 5 division chiefs and Pis in process | some materials and folders developed and posted and access given to many faculty, but no staff to monitor and update | | Not started. Currently have people who are dead for over a year and/or no longer working at Sinai for over a year listed on signage | | that lays this out clearly enough and not yet double-checked against actual emails contained in the lists, and not made accessible to key users | discussed among stafffaculty leadership but not developed | | has not begun | has not begun | Ja |
| when project was designated | 5/7/2018 | | | | | Q3-2018 | | | | | | |
| when project was completed | In Progress | | | | | | | | | | | |
| et for completion | late spring 2018 | Mar-18 | summer 2018 | | spring 2018 | winter 2018-2019 | 1-Mar-18 | by fall 2018 NIH application deadline | | summer 2018 | ASAP | SI |
| vel of Complexity | High | Medium | 1 | | | | low | | | | Low | Hi |

Change is the New Constant: so...Aim to Get Everyone to Practice the "Basics"

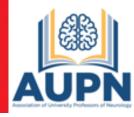
"Implementing a change means making it a permanent part of how things are done day-to-day...

- To implement a change, permanent support structures (training, job descriptions, standardized procedures, and so on) need to be created that increase the chances the gains will be achieved and sustained.
- ...only a change you are very sure will result in improvement should be implemented.
- Implementing a change will affect more people than the tests of the change....Successful implementation requires activities to address the impact on people."

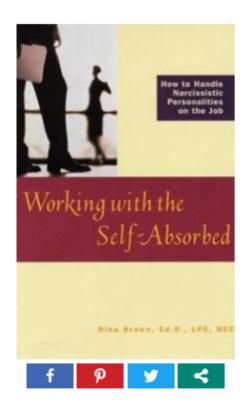


A PRACTICAL APPROACH to ENHANCING ORGANIZATIONAL PERFORMANCE

GERALD J. LANGLEY, RONALD D. MOEN, KEVIN M. NOLAN, THOMAS W. NOLAN, CLIFFORD L. NORMAN, LLOYD P. PROVOST



Address Toxic Behaviors



ISBN: **1572242922**

ISBN13: 9781572242920

Working with the Self-Absorbed: How to Handle Narcissistic Personalities on the Job

by Nina W. Brown



Narcissists in the workplace take credit for others' work, inflate their own accomplishments and expect an unlimited supply of favours from their colleagues. Whether the narcissist is a boss, an employee or a co-worker, this guide offers practical methods for managing destructive behaviours and ensuring that your own work gets the respect it deserves. Realistic strategies are suggested for changing expectations, responding constructively and not taking...

Read Full Overview

Product Details *



Know your institution's culture (not just the written policies) about toxic faculty

Know the consequences of avoiding dealing with toxic behaviors and do not avoid dealing with them



Consider getting a coach

NEW YORKER

News Books & Culture Fiction & Poetry Humor & Cartoons Magazine Cros

ANNALS OF MEDICINE OCTOBER 3, 2011 ISSUE

PERSONAL BEST

Top athletes and singers have coaches. Should you?



By Atul Gawande September 26, 2011

Not long afterward, I watched Rafael Nadal play a tournament match on the Tennis Channel. The camera flashed to his coach, and the obvious struck me as interesting: even Rafael Nadal has a coach. Nearly every élite tennis player in the world does. Professional athletes use coaches to make sure they are as good as they can be.



No matter how well trained people are, few can sustain their best performance on their own. That's where coaching comes in. Illustration by Barry Blitt



But doctors don't

Citations

- Langley, G. J., Moen, R. D., Nolan, K. M., Nolan, T. W., Norman, C. L., & Provost, L. P. (2009). *The improvement guide* (2nd ed.). Jossey Bass Wiley.
- Brown, Nina W., "Working with the Self-Absorbed: How to Handle Narcissistic Personalities on the Job" (2002). New Harbinger Publications, Inc. (out of print but available online at Amazon, other online sellers)
- Gawande, Atul, *Personal Best*, <u>The New Yorker</u> 3 October
 2011. https://www.newyorker.com/magazine/2011/10/03/personal-best



Open Discussion



Open Discussion

- During the open discussion, attendees are welcome to raise hand, or voice questions aloud to the group.
- If you would prefer to write your question in the chat, the chat will be moderated by both AUPN Staff and Dr. Gooch.
- For the Open Discussion we suggest using the "Gallery" view



