

Cathy Sila MD, FAAN, FAHA is the Gilbert W Humphrey Endowed Chair in Neurology and Chair of the Department of Neurology at University Hospitals Cleveland Medical Center and Case Western Reserve University School of Medicine. Dr. Sila previously served as the Vice Chair in the Department of Neurology for Clinical Activities & Quality. She is the Director of the Comprehensive Stroke Center at UH Cleveland Medical Center and Chair of the University Hospitals System Stroke Program, which is recognized as a model of system integration for health care delivery. Dr. Sila is a recognized expert in prevention and treatment of stroke, neurologic complications of heart disease, and defining outcomes for clinical trials. As the first woman to chair neurology at UH, her priorities include ensuring access to innovative, high-value care integrated throughout the health system, supporting the provider-patient relationship and experience, training the next generation through the many fellowships and 2nd largest neurology residency in the country, and promoting research that improves the quality of life for patients with neurologic diseases. Dr. Sila received undergraduate degrees in Chemistry and Zoology and graduated from Case Western Reserve University School of Medicine. She completed her Neurology residency at the Mayo Clinic followed by Fellowship training in Cerebrovascular Research at the Cleveland Clinic. She has extensive clinical research and research administration and core lab experience for more than 100 clinical trials, data element developer for the FDA and NINDS, and expert panel advisor for emerging technologies and therapeutics. Dr. Sila has received numerous honors, elected to AHA/ASA and AAN executive committees and appointed to national directorship and institutional leadership boards. She was an inaugural UH Distinguished Senior Attending Physician and has received awards from the American Heart Association National Stroke Council, YWCA Women of Professional Excellence, and Crain's Cleveland Business Healthcare Hero. She is consistently named among America's Top Doctors by Castle-Connolly and is one of their Exceptional Women in Medicine.