# M Health Fairview Neuroscience Service Line

Sarah Benish, MD Associate Professor Department of Neurology University of Minnesota



# **Nothing to Disclose**



### **Outline**

Introduction to M Health FV SL structure

How departments interact with SL

How we measure performance





### M Health Fairview

An Introduction

#### M Health Fairview

A joint clinical enterprise between University of Minnesota, University of Minnesota Physicians and Fairview Health system

Around 2700 providers

9 Specialty Service Lines

9 acute hospitals

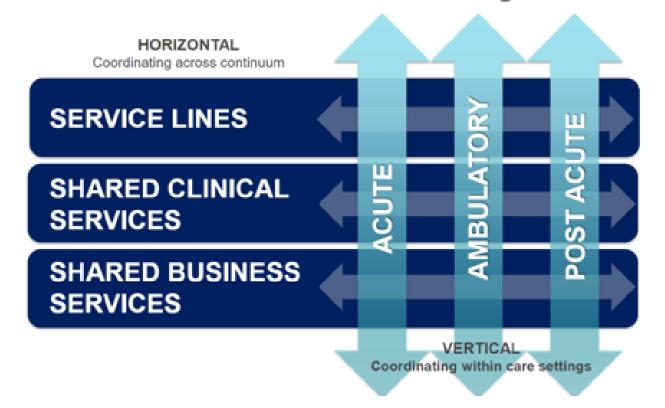
1 post acute rehab center

130 outpatient clinics



### M Health Fairview Matrix

Seamless Integration is Where the Horizontals and Verticals Come Together





### **Service Lines**

- Cancer Care
- Cardiovascular
- Medical Subspecialties
- Mental Health
- Musculoskeletal

- Neuroscience
- Solid Organ Transplant
- Surgical Subspecialties
- Women and Children's



### Who isn't included in Service Lines

- Acute Care
  - Hospitalists
  - Intensivists (neurocritical care exception)
  - Emergency Medicine Physicians
- Shared Clinical Services
  - Acute Rehab Physiatrists
  - Pathologists
  - Radiologists



### **Neuroscience Service Line**

- Neurology (peds and adult)
- Neurosurgery (peds and adult)
- Orthopedic spine surgery
- ENT skull base surgeries
- Outpatient PM&R Clinics (peds and adults)
- Medical Spine
- Pain

- Not just Academic physicians
- FHMG-Fairview Health Medical group (community employees)
- FPA-Fairview Physicians Associates Network (independents)



M Health Fairview

Jennifer Miller

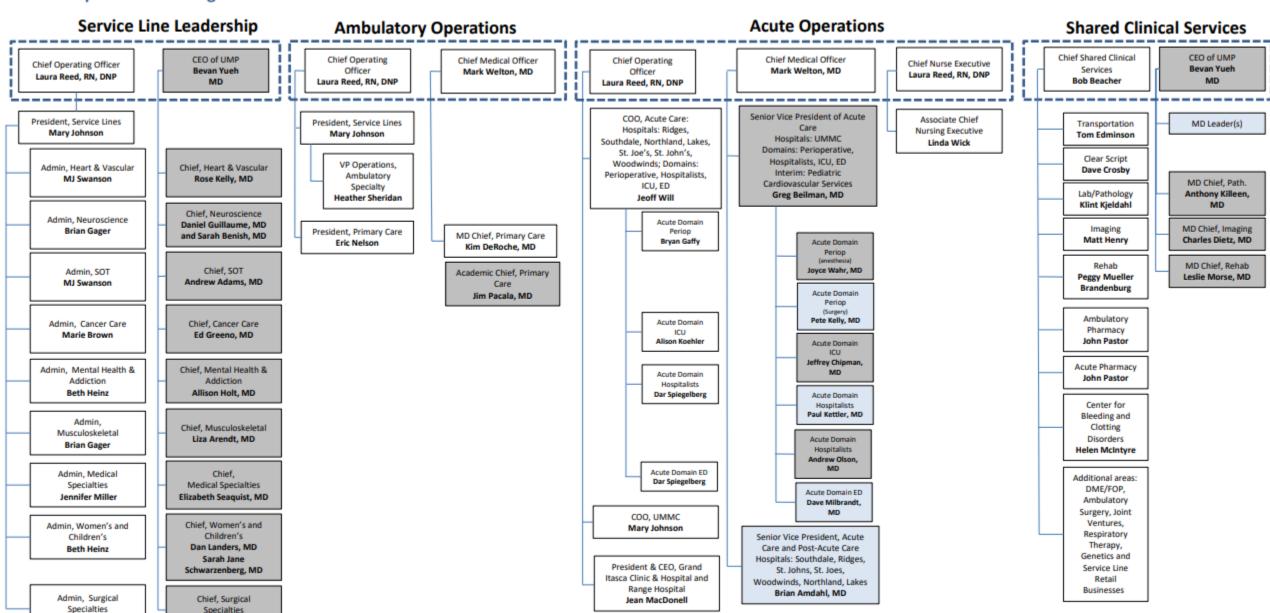
Kyle Anderson, MD

**Core Operations Management Team** 

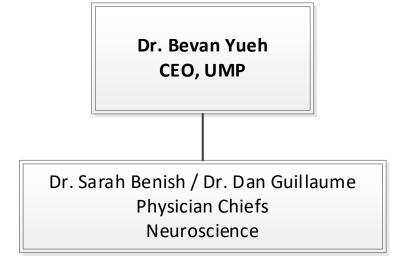
Dean Jakub Tolar, MD

CEO James Hereford = Academic MD Leader

= Community MD Leader



#### **Neuroscience Service Line – Physician Leadership Structure**



Programs

Cerebrovascular

Chris Streib

Endovascular

Ramu Tummala

Neurocritical Care Ben Miller

Multiple Sclerosis Adam Carpenter

Neuromuscular
David Walk
Jeffrey Allen

Neurotra uma Ann Parr

Concussion
Mike Kasprzak

Movement
Disorders
Leo Almeida

Neuromodulation Michael Park

Neurocognitive
Disorders
Sarah Benish

(interim)

Community Neurology Nadeem Igbal <u>Pediatrics</u> Dan Guillaume

Epilepsy Ted Walczak

Skull Base/PIT
Meredith Adams
Andrew
Venteicher

Community
Neurosurgery
Tony Bottini

<u>Pain</u> Clarence Shannon

> <u>Headache</u> Abby Metzler

<u>Facial Pain</u> Andy Grande

#### **Spine**

Ortho Spine
David Polly

Neuro Spine Ann Parr

Medical Spine Jenny Kendall Thomas



# **Neuroscience Steering Committee**

- Quarterly meetings
- Chaired by an academic lead (Neurology Chair Jerry Vitek, MD)
- All Chairs with clinical role in SL, FV CMO, UMP CEO, FV COO, Chief SL executive, COO Acute Care, Pharmacy, Rehab, Radiology, Primary Care, Domains (hospitalist/intensivist/ED doc)
- Review financials and performance
- Strategic Planning
- Final approval of all growth strategies



### **Chiefs vs Chairs**

- No department chair can hold SL chief role
- Chiefs frequently are Vice Chair Clinic affairs or equivalent role
- Chief reports to CEO for admin role, dept chair for employment home
- Chair-first right of refusal for all hires
- Chief determine clinical practice location, operational support, call needs, cFTEs needed to do work, APP ratios
- Chairs determine who is hired
- Relationship is supposed to collaborative-frequent communication is necessary



### **Additional Touchbases**

- Monthly-bimonthly meeting SL leadership with departments
- Monthly meetings with SL medical directors/program leads
- Visit with each division in department 1-2 times a year
- Town halls for all SL line members and affiliated partners quarterly
- Daily huddle system on clinical operations M-F
- Weekly operations meetings with SL directors



### Neuroscience Service Line Presence

- 106 cFTE employed within NSSL
- 145 distinct NPIs
- UMN Neurology Dept 26.10 clinical FTEs/47 distinct NPIs
  - 24% cFTE and 32% of distinct NPIs
  - Just under 24% of wRVUs (January-August)
- Neurology APPs (Nurse Practitioners and Physician Assistants) 9.80 cFTEs 10 distinct NPIs
- Total Neurology footprint 33% of cFTEs and 39% distinct NPIs



### **NSSL Snapshot**

#### Internal **Volumes**

12-County **Inpatient Market** Share

#### 12-County **Outpatient Market** Share

#### **Market Growth**

- 2021 Clinic Visits: 105,221
- 2021 Total IP Cases (HCUP): 6,250
- 2021 Total OP **Surgeries (HCUP Defn):** 1,946 (-6.5% over 2019)

A collaboration among the University of Minnesota,

2021 Volume **Share:** 23.3%

2021 Financial **Share:** 23.8%

**Market Position:** 2nd

2021 Volume **Share:** 16.6%

2021 Financial **Share:** 20.5%

**Market Position:** 2nd

**Trend:** OP grew 1% 2020-2021.

**IP 5-Yr CAGR:** 1.1%

**OP 5-Yr CAGR:** 2.2%

**Trend:** The highest IP growth is projected to be in Neurosurgery, while the highest OP growth is projected to be in Spinal Fusion.

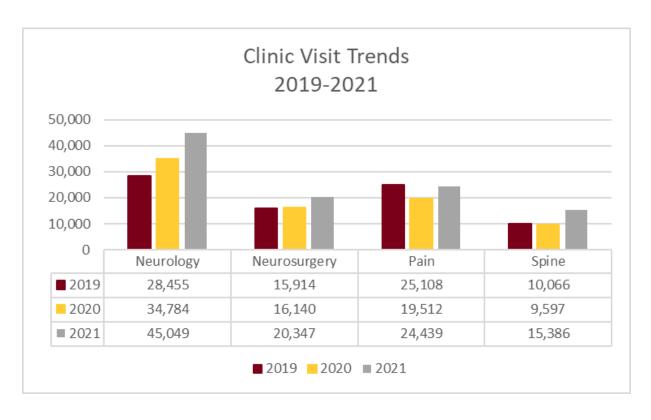




### MHF Clinic Volumes

 Neurology and Neurosurgery experienced growth in both 2020 and 2021

	2019	2020	2021	'19-'21 %
	2019	2020	2021	Change
Neurology	28,455	34,784	45,049	58.3%
Neurosurgery	15,914	16,140	20,347	27.9%
Pain	25,108	19,512	24,439	-2.7%
Spine	10,066	9,597	15,386	52.9%
Total NSSL	79,543	80,033	105,221	32.3%





# Department of Neurology by the Numbers\* January-August

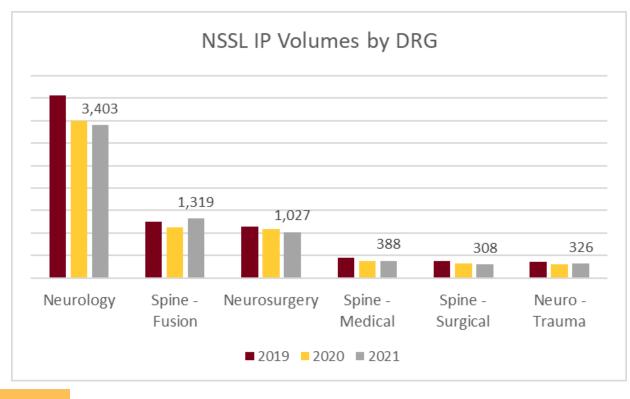
- Outpatient visits YTD: 42,286
  - New to department specialty: 10,613
  - Video Visits (19% of outpatient visits):
    - New 1484
    - Return 6461
  - Telephone-1264
  - EMG 1869
  - EEG 932 (outpatient)



<sup>\*</sup> Slicer Dicer # may be missing some departments, FHMG neurologist in Edina included in #s

# **IP Volumes by DRG**

- By DRG, IP volumes declined 11% since 2019
- The largest areas seeing a decline were Neurology and Surgical Spine



IP Neurosciences Dis	charges by	DRG		
	2019	2020	2021	'19-'21 % Change
Neurology	4,053	3,488	3,403	-16.0%
Neuro - Stroke and TIA	1,726	1,507	1,491	-13.6%
Neuro - Other Neurology	874	808	817	-6.5%
Neuro - Seizure/Epilepsy	700	525	484	-30.9%
Neuro - Degenerative Disorders	531	449	427	-19.6%
Neuro - Nervous System Infection	165	140	135	-18.2%
Neuro - Multiple Sclerosis	57	59	49	-14.0%
Spine - Fusion	1,256	1,128	1,319	5.0%
Spine Fusion - Combined Ant/Post Spinal	664	608	719	8.3%
Spine Fusion - Other	381	312	366	-3.9%
Spine Fusion - Cervical	211	208	234	10.9%
Neurosurgery	1,139	1,086	1,027	-9.8%
Neurosurg - Brain	987	955	937	-5.1%
Neurosurg - Peripheral and Cranial Diseases	149	131	90	-39.6%
Spine - Medical	456	383	388	-14.9%
Spine Medical - Back Problems	442	370	374	-15.4%
Spine Medical - Disorders & Injuries	14	13	14	0.0%
Spine - Surgical	380	329	308	-18.9%
Spine Surgical - Other	380	329	308	-18.9%
Neuro - Trauma	358	310	326	-8.9%
Neuro Trauma - Head Injuries	358	310	326	-8.9%
Grand Total	7,642	6,724	6,771	-11.4%



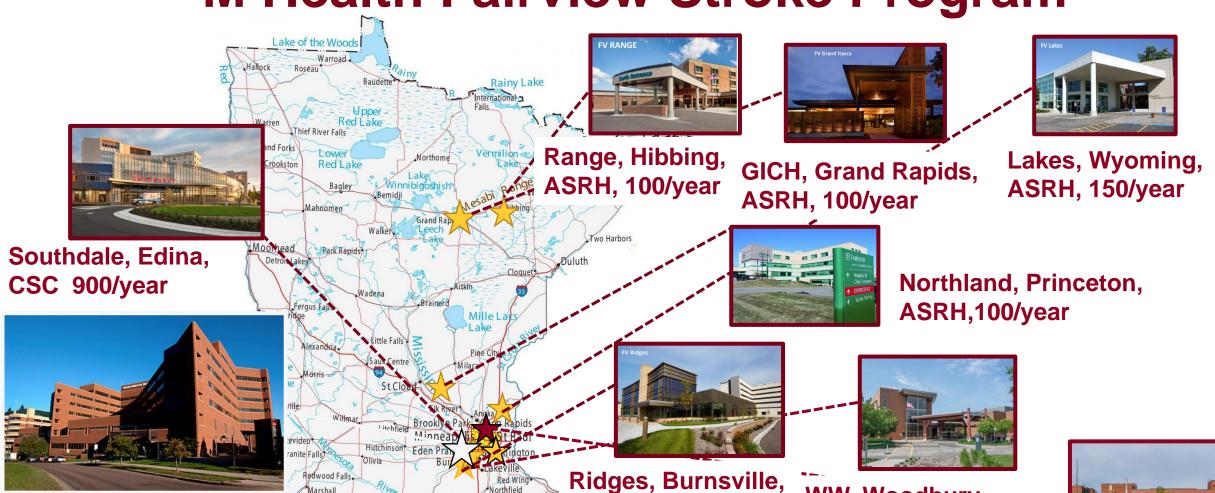
A collaboration among the University of Minnesota,

# **Neurology Inpatient Role**

- Days of hospital service covered: 1825 days/year
- Teaching Services with Residents: 1095 days/year
- Other service days have fellows
- Neurology DRGs account for 50% of hospital IP discharges in 2021
- Cerebrovascular disease accounts for 36% of all hospital IP discharges (per HCUP data) within SL



### M Health Fairview Stroke Program



ASRH, 400/year

UMMC, Minneapolis, CSC 500/year

WW, Woodbury, ASRH, 150/year



St Johns, Maplewood, PSC 475/year



New Utm

Mankato

Owatonna Rochester

# **Hospital Services**

Hub and Spoke Model

#### UMMC East Bank\*

Neurocritical Care Stroke General Neurology Epilepsy Service Consults EEG EMG

#### UMMC West Bank

Pediatric Neurology General Neurology Consults EEG

#### **Southdale**

Stroke Service EEG

#### St Johns

Stroke-telestroke General Neurology service 10 weeks/yr

\*Only site with primary admitting services

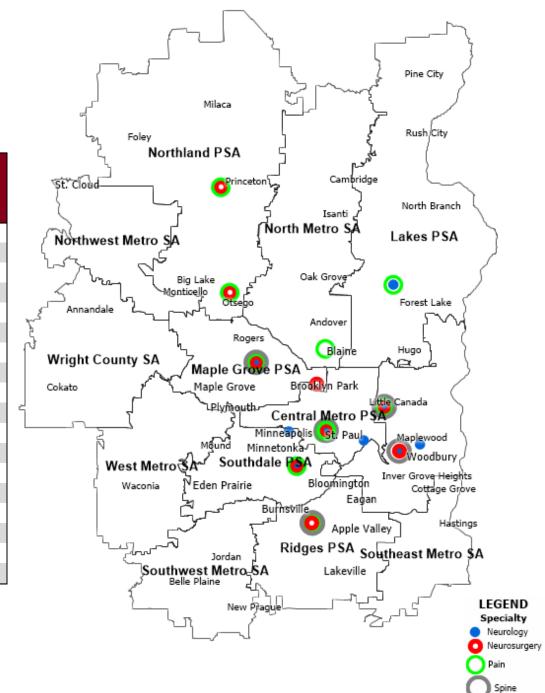




### **MHF Locations**

#### Neurosciences Service Line

Location	City	Neurology	Neurosurg	Pain	Spine
Blaine	Blaine			х	
CSC	Minneapolis	Х	х	X	х
Southdale Hopsital	Edina	х	х	X	х
Elk River	Elk River		х	x	
Fridley	Fridley		х		x
Grand Itasca Clinic And Hospital	Grand Rapids	х			
Lakes Medical Center	Wyoming	Х		X	
Maple Grove	Maple Grove	х	х	X	х
Masonic Institute For The Developing Brain	Minneapolis	Х			
Mincep Epilepsy Care	St. Louis Park	х			
Northland Medical Center	Princeton		х	X	
Orthopedic Clinic Burnsville	Burnsville				х
Pediatric Specialty Clinic Woodbury	Woodbury	х			
Ridges Hospital	Burnsville		х	х	х
St. John's Hospital	Maplewood	х	х	X	х
St Josephs Hospital	St. Paul	х			
UMMC	Minneapolis	х	x	X	
Woodwinds	Woodbury	Х	Х		Х





# **Outpatient UMP Neurology Clinics**

Current State 2022

#### **Minneapolis**

General Neurology Epilepsy Headache Movement Multiple Sclerosis Neuromuscular Resident Clinics Stroke EEG EMG Pediatric

#### **Maple Grove**

General Neurology
Epilepsy
Movement
Multiple Sclerosis
Neuromuscular
Pediatric Neurology
EMG

#### Edina\*

General Neurology Headache Neuromuscular Resident Clinics Stroke EMG

#### **Woodbury\***

General Neurology Movement Multiple Sclerosis Neuromuscular Pediatric Neurology EMG

<sup>\*</sup> Fairview operations running-new since service line launched



### **Concierge Referral and Workqueue Trends**

**Referral Order Specific Questions** 

Referral Order	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Total
☐ ADULT NEUROLOGY CONCIERGE REFERRAL	1,301	1,547	1,477	1,825	1,747	1,938	2,022	1,808	1,912	1,841	636	18,054
Additional Information	447	545	562	683	640	710	756	762	791	760	271	6,927
	107	133	127	174	133	176	198	149	187	159	66	1,609
<b>⊞</b> Order to be scheduled by Transplant Complex Scheduler?	11	4	8	13	11	14	9	9	13	10	7	109
	10	4	7	13	11	14	9	9	11	10	7	105
⊞ Reason for exam					1		1	2				4
□ Reason for Referral	1,300	1,547	1,476	1,825	1,746	1,938	2,022	1,807	1,912	1,841	636	18,050
Epilepsy/Seizures	83	110	84	109	95	139	147	133	114	121	52	1,187
General Neurology	648	768	667	811	859	909	831	776	841	782	247	8,139
Headache/Migraine	206	215	271	313	303	293	318	308	330	335	116	3,008
Memory Care	51	61	78	111	85	89	125	101	78	109	33	921
Movement Disorders/Tremor	62	83	77	112	91	113	122	104	107	99	42	1,012
Multiple Sclerosis/Demeylination	23	38	31	37	34	46	53	41	43	34	9	389
Neuromuscular	54	62	67	80	68	85	116	104	103	105	42	886
Other	107	133	127	174	133	176	198	149	187	159	66	1,609
Stroke	66	77	74	78	78	88	112	91	109	97	29	899
	1,289	1,535	1,462	1,805	1,736	1,909	1,989	1,786	1,892	1,828	629	17,860
	10	4	7	13	11	14	9	9	11	10	7	105
Total	1,301	1,547	1,477	1,825	1,747	1,938	2,022	1,808	1,912	1,841	636	18,054



How?

**Performance Metrics** 

### **Organization Performance Dimensions**

- Quality and Safety
- Patient Experience
- People Engagement
- Efficiency
- Research and Education



# **Quality and Safety**

#### Observed to Expected Mortality Rates

2022	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year End Target
Neurology Monthly Target	0.90	0.90	0.90	0.90	0.90	0.90	0.90	0.90	0.90	0.9	0.90	0.90	
Neurology Monthly Actual	0.95	1.19	0.77	0.76	0.89	0.62	0.40						
Neurology YTD Target	1.20	1.16	1.12	1.08	1.04	1.00	0.99	0.97	0.95	0.93	0.91	0.90	0.90
Neurology YTD Actual	0.95	1.05	0.91	0.89	0.89	0.84	0.81						

#### Medication Reconciliation after discharge

2022	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year End Target
Monthly Target	15	15	15	15	15	20%	30%	40%	50%	60%	70%	70%	
Monthly Actual	20.00%	14.80%	18.08%	19.58%	19.39	22.04	21.1	24.29					
YTD Target	15.0%	15	15	15	15	20%	30%	40%	50%	60%	70%	70%	39%
YTD Actual	15.5%	15.67%	17.62%	18.29%	18.37	18.98	19.28						



# People Engagement

#### 1st Year Employee Turnover

2022	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year End Target
Monthly Target	0.0%	0.0%	0.0%	0.0%	3.8%	3.8%	3.8%	3.8%	0.0%	3.8%	0.0%	0.0%	
Monthly Actual	0.0%	0.0%	3.4%	10.3%	0.0%	3.2%	7.4%	4.2%	12.5%				
YTD Target	18.8%	18.8%	18.8%	18.8%	18.8%	18.8%	18.8%	18.8%	18.8%	18.8%	18.8%	18.8%	18.8%
YTD Actual	16.7%	15.1%	18.5%	30.8%	29.4%	31.8%	34.6%	35.0%	42.2%				



# Patient Experience\*

- NRC survey (replaced CG CAHPS)
- Goal is Likelihood to recommend clinic

2022	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year End Target
Monthly Target	78.2%	78.5%	78.8%	79.1%	79.4%	79.7%	80.0%	• 80.3%	80.6%	80.9%	81.2%	81.5%	
Monthly Actual	81.80%	82.40	81.90	80.60	78.00	79.00	80.80	82.30	79.50	82.50			
YTD Target	78.20	78.40	78.50	78.70	78.80	79.00	79.10	79.30	79.40	79.60	79.70	79.90	79.90
YTD Actual	81.80%	82.10	82.00	81.60	80.80	80.60	80.60	80.80	80.60	80.70			



### Research and Education

- Research
- Number of Clinical Trial Enrollees

- Education
- Learner Satisfaction Survey

# **Efficiency**

- NOI = Net Operating Income
- Strategic Growth Goals
  - High impact programs, extra resources, higher growth targets
- Overall Productivity Metric
  - wRVU to goal



### **Performance**

#### wRVU performance

2022	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year End Target
Monthly Target	39,672	35,926	39,086	37,983	38,896	37,632	38,109	38,102	36,275				
Monthly Actual	35,848	34,458	41,231	36,503	37,293	41,074	38,473	40,611	40,774				
YTD Target	39,672	75,598	114,684	152,667	191,563	229,195	267,304	305,406	341,681				
YTD Actual	35,848	70,306	111,537	148,040	185,333	226,407	264,880	305,491	346,265				

#### Strategic growth plans

2022	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year End Target
Monthly Target	308,661	310,535	419,813	447,626	457,774	489,139	496,279	501,963	505,427	505,692	505,692	521,438	
Monthly Actual	197,408	164,536	288,783	555,228	540,873	606,422	684,375	748,494					
YTD Target	308,661	619,196	1,039,009	1,486,635	1,944,409	2,433,548	2,929,827	3,431,790	3,937,217	4,442,909	4,948,601	5,470,039	5,470,039
YTD Actual	197,408	361,944	650,727	1,205,955	1,746,828	2,353,250	3,037,625	3,786,119					
Plan Variance	(111,253)	(257,252)	(388,282)	(280,680)	(197,581)	(80,298)	107,798	354,329					



# **Target wRVU**

- Defined specialties within neurology with different benchmarks
  - General Neurology (HA, MS, Movement, Neuro-behavioral)
  - Epilepsy
  - Neuromuscular
  - Stroke
  - Neurocritical care
  - Pediatric Neurology

- Looks at 3 different benchmarks
  - Sullivan Cotter
  - MGMA
  - AMGA
- Blends 1/3 national, 1/3 regional 1/3 local
- Determines 50th percentile performance (median)
- Determines 50<sup>th</sup> percentile pay which then calculates to a \$ per RVU calculation



### **Productivity vs cFTE**

- All new physicians and APPs have 2 year ramp up where compensation is guaranteed and position considered cFTE
- Department guaranteed \$ for cFTE positions
- cFTE-hours worked
  - 46 weeks a year x 36 patient facing hours = 1656 hours/year
  - Hospitalists 1840 hours days, 1464 hours nights
- Some positions continue in cFTE compensation
  - Neurohospitalists Neurointensivists Stroke\*
  - Neuromuscular
  - Pediatric neurologists and neurosurgeons
  - Pain/Med Spine



# **Final Thoughts**

# **Neurology is strong!**

- Neurology department is performing high quality quaternary clinical work
- The demand for our services is strong and growing throughout health system
- We may not have the high contribution margin services or the physicians producing 20k RVUs/year but as a whole we are a large component of health systems
- Aging population will only add to demand
- Often bottleneck for more valuable services.
- Key is to understand strengths, how health systems view your performance and speak the language when asking for resources



# Challenges

- Learn to talk to administrators: A lot of what neurologists see as valuable are "pass through costs" to hospital systems
- Small specialty leads to highly variable benchmarks and subspecialty benchmarking can be problematic
- Best role of nurse practitioners/physician assistants still needs to be clarified
- Departments and SL need to have similar visions for relationship to grow





### **Questions?**

