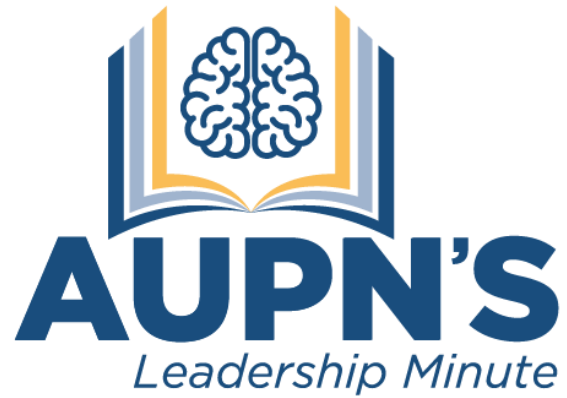




Rohit Das, MD
University of Texas Southwestern
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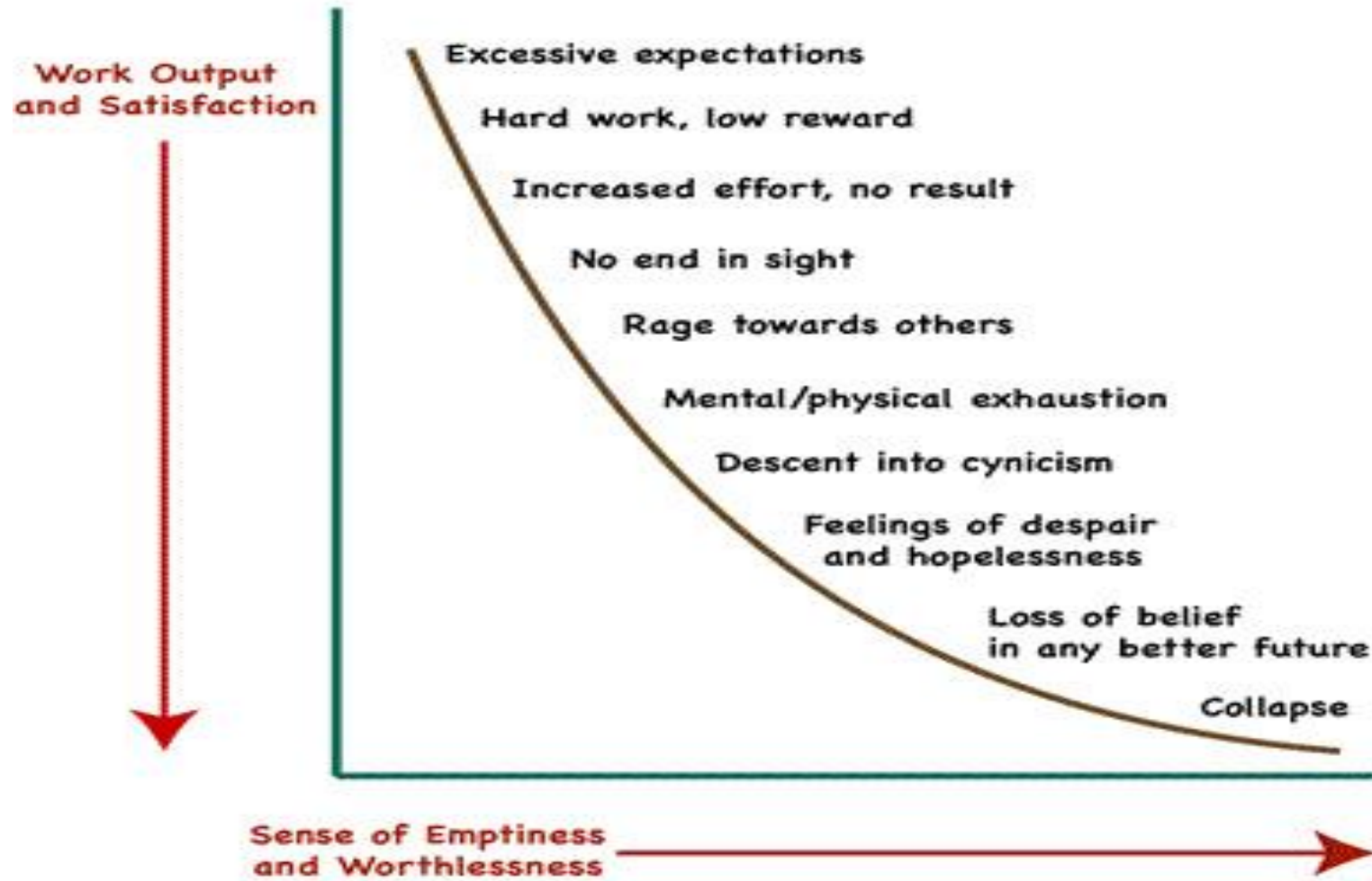


*Putting the Burn on
Burnout*



Cormac O'Donovan, MD
Wake Forest Baptist

THE BURNOUT CURVE



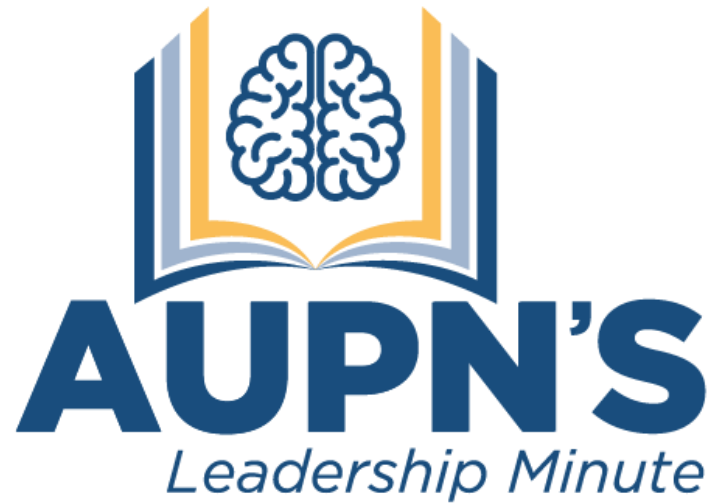
Professional Fulfillment Index

- I feel **HAPPY** at work
- I feel **WORTHWHILE** at work
- My work is **SATISFYING** to me
- I feel in **CONTROL** when dealing with difficult problems at work
- My work is **MEANINGFUL** to me
- I am contributing professionally in the ways I **VALUE** most

The Four S's

- STRUCTURE
- SOCIAL
- STIMULATION
- STORY

Adding a 5th: SAFETY



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