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AUPN'S
Leadership Minute

***Happy Faculty -
Happy Life:
Improving Faculty
Satisfaction***

The logo features a stylized brain inside an open book icon, with the text "AUPN'S Leadership Minute" below it. The main title is in a bold, italicized font.

Susan Matulevicius, MD, MSCS
UT Southwestern

Leadership Minute Podcast Episode Description

- A system-level commitment to wellness is essential to allowing faculty to perform at their best. By valuing faculty for their contributions, providing support and connection, making sure all voices are heard, and involving faculty in decisions and change, faculty can achieve their full potential while also advancing institutional missions.

What Is Burnout and Why Is It Important?

- Burnout: a work-related syndrome involving:
 - Depersonalization
 - Exhaustion
 - Decreased Sense of Accomplishment
- Burnout is associated:
 - increased patient safety errors
 - decreased patient satisfaction
 - increased turnover
 - decreased overall productivity



What do Faculty Want to Improve Their Wellbeing?

- Equity
- Transparency
- Value
- Autonomy/sense of control



How Can Chairs Support Their Faculty's Wellbeing?

- Engage with your faculty directly
- Cultivate teams and individuals
- Empower faculty to participate in change
- Connect faculty to resources and opportunities



Know Resources if Your Faculty Is Unwell

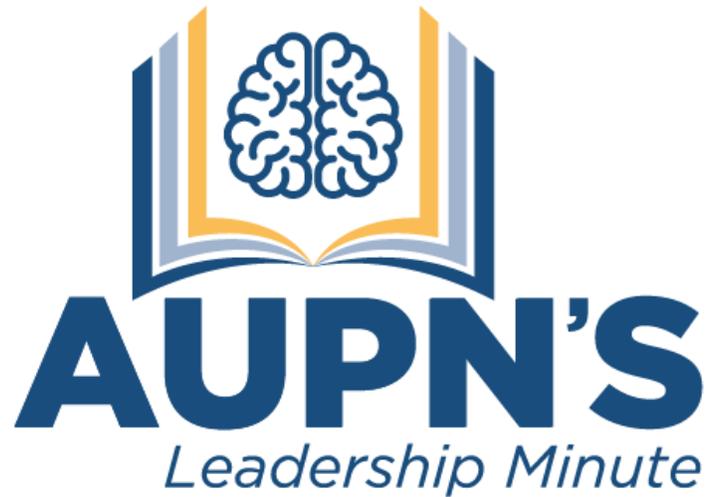
- Employee Assistance Program
- Physician Wellbeing Program
- Benefits and Insurance Options
- National Suicide Prevention Lifeline: 1-800-273- TALK



Physician Support Line
1 (888) 409-0141

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