Dr. Matthews obtained her medical degree from Mount Sinai School of Medicine in New York. She completed her neurology residency at Rush University Medical School in Chicago, followed by a two-year fellowship in epilepsy at the National Institutes of Health. She worked as a civilian neurologist for five years at the Walter Reed National Military Medical Center in Washington, DC, where she served as the director of the EEG laboratory and the epilepsy surgery program. Dr. Fasano joined the faculty at Emory University School of Medicine in 2014, where she is currently an Associate Professor and has been the neurology residency program director since 2016. Dr. Matthews is passionate about resident education, and since she took over the residency program, she has instituted several changes to decrease resident burnout and improve well-being. She was a recipient of the 2018 AAN AB Baker Teacher Recognition Award. Dr. Matthews lives in Atlanta with her 10-year-old son, 5-year-old daughter, and several pets.