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Dr. Ailani is the Director of the Medstar Georgetown Headache Center, and Professor of Clinical Neurology at Medstar Georgetown University Hospital in Washington, D.C. Dr. Ailani completed her Neurology training at NYU in New York, NY and a headache fellowship at the Jefferson Headache Center in Philadelphia, PA.

Dr. Ailani is on the board of the American Headache Society as treasurer and serves as the chair of the finance committee. She is an advisor to the National Headache Foundation. For the American Academy of Neurology, she is part of the division chiefs committee, and the Wolf award committee.

Dr. Ailani lectures nationally and internationally on topics related to headache medicine, with the goal of improving the care provided to patients with headache disorders.