

# A Program Director's Perspective:

- > A DAY IN THE LIFE OF A PROGRAM DIRECTOR
- > SERVICE EDUCATION BALANCE
- > PROGRAM DIRECTOR TURNOVER

#### PRESENTATIONS BY:

- Sonja Potrebic MD PhD FAAN, Southern California Permanente Medical Group: Small Program Perspective
- Lyell K. Jones, Jr. MD, FAAN, Mayo Clinic: Large Program Perspective
- David K. Urion, M.D., FAAN, Boston Children's Hospital: Child Neurology Perspective

# A day in the life of a Neurology program director(PD)

Perspective from Small Programs

#### SONJA POTREBIC MD PHD FAAN

RESIDENCY PROGRAM DIRECTOR

REGIONAL HEADACHE SPECIALIST

CO-ASSISTANT CHIEF, NEUROLOGY

SOUTHERN CALIFORNIA PERMANENTE MEDICAL GROUP

DISCLOSURES - NONE



#### Large HMO

Permanente physician group

Long history of Graduate Medical Education

Medical school to open 2019

Salaried physicians – research/service typically not part of practice

Single hospital

13 -> 16 subspecialist attending staff

2 -> 3 residents/year

# A day in the life of a PD

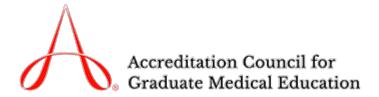


Text – who is covering resident clinic this PM?



Email – you have 2 patients out of compliance ......

# Service vs Program Responsibilities



#### Admin Time Requirement – 20% + 1%/resident

#### **Requirements**

**ACGME** 

54 pages of detail

Near yearly revisions

Yearly accreditation cycle

Institutional, not program site visits

10 year self study

Local GME

Oversight

Resident satisfaction

#### **Reports**

#### Semiannual

- Competency Com
- Resident Evaluations

#### Yearly

- Program Evaluation
- Curriculum Evaluation
- Faculty Teaching evaluations
- Response to surveys
- Response to accreditation

#### <u>Updates</u>

Handbook revision

Goals and objectives

Department Policies

Letters of Agreement

PerCert

WebAds

Compliance

Curriculum

Schedules



10:07 "I have to cancel my lunch lecture....."

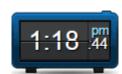
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# Faculty Participation in resident teaching

- Not enough time
- Low priority for didactics
- Lack of motivation to improve
- Lack of resources for faculty development
- Lack of interest in attending resident conferences
- PD lack of leverage with staff

#### Kaiser Permanente Medical Center Neurology Meeting/Conference Schedule

Conference	Frequency	Duration (Hours)	Presenter
Resident Staff Meeting	Monthly	1	Potrebic
Resident Meeting	Quaterly	1	Potrebic
Neuropathology (Gross & Microscopic)	Bi-Monthly	2	H. Vinters
Clinical Case Conference	1-2 Monthly	1	Staff, Residents
Journal Club	1-2 Monthly	1	Staff, Residents
Interventional Neuroradiology Case Conference	Bi-Weekly	1	L. Feng
Neuroradiology Case Conference	Monthly	1	F. Torres
Radiology for Neurologist	Prior to RITE exam	4	Staff
ICU/NICU/Neuro Journal Club	Quarterly	1	Residents
Grand Rounds	Quarterly	1	Invited
M & M	Monthly to Quarterly	1	Residents, staff
Pediatric Neurology	Weekly PGY2	1	R. McGinnis/Sarco
Neuroscience	1-2 Weekly	1	Staff
Clinical Neurology	1-2 Weekly	1	Staff
Clinical Neurophysiology	12 weeks (every other year)	1	Wang
Evidenced Based Medicine	12 weeks (every other year)	1-3	Potrebic
Neurology PGY 1 Boot Camp	May	1 week	Staff & Seniors
Code Stroke Meeting	Weekly	1	Roundtable



Dr A - Do you know that resident B did?



Resident B - Do you how Dr A talked to me?



Did you write my letter of recommendation?



I need to change the rotation schedule



Can I talk about my headache patient?

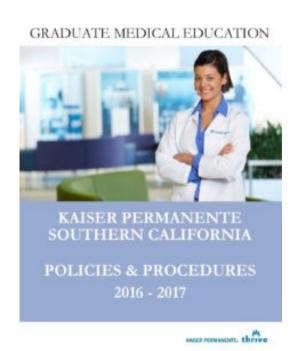


This will be a great retreat. How can I help?



Meet with program administrator

# Local Graduate Medical Education Support



Per ACGME ... must provide adequate time and funding for a program coordinator who will assist the program director in the administration......

Limited resources

Emphasis on larger residencies

Scope of responsibilities

Turnover



Competing & conflicting goals of residency and department

Success comes with partnership between program director and Chair

# What Do Your Neurology Residencies Need?

Perspective from Large Programs

LYELL K. JONES, JR. MD, FAAN

ADULT NEUROLOGY RESIDENCY PROGRAM DIRECTOR
ASSOCIATE PROFESSOR OF NEUROLOGY
MAYO CLINIC, ROCHESTER, MN

#### Goals

By the end of this talk, you should be able to return to your home institutions and:

- Have a data-driven discussion with your faculty about the challenges facing larger neurology residency programs
- Develop a plan to understand and meet the needs of your large residency program

# Graduate medical education has enormous strategic value for academic departments

- Each of your graduates will display a physical and virtual certificate with your institution's name on it
- They will collaborate with you and refer patients to you
- You will grow your faculty from the ranks of your training programs
- The return on education investment (RoEI) is decade-by-decade (not quarter-by-quarter or year-by-year)

#### Education is not an accident of clinical care

- While most clinical activities have educational value, programs need resources to structure a complete educational experience for trainees
- Faculty engaged in the education mission, particularly PDs/APDs, need protected time to nurture the program and comply with regulatory requirements
- Large programs especially need administrative support (EPC, time, support for faculty development)
  - Not all support is financial!

Teaching is not an accident of an academic appointment

- Educators can be trained rather than simply found, and programs need support for meaningful faculty development
- Find a way to recognize and if possible quantify the academic value of education among your teaching faculty and your program leadership

## Framing the question(s):

- What do large neurology programs need to succeed?
- What challenges, if any, are distinctive to large neurology residencies?
- In general, do neurology residency program directors feel supported by their leadership?

# Neurology Residencies:

### Large Program Perspective

#### Methods:

- Electronic survey of program directors of large neurology programs (top quartile by program size listed in FREIDA/Doximity)
- Assurance of confidentiality
- Single email reminder
- Quantitative and qualitative elements
- Descriptive summary of quantitative results and thematic analysis/summary of narrative comments

# Neurology Residencies:

Large Program Perspective

#### Methods:

- Four questions asked of all PDs:
  - 1) On a scale of 1-10 (with 10 being the best) to what extent do you receive enough resources from your department to run your residency program?
  - 2) On a scale of 1-10 (with 10 being the best) how well does your department support the ideal balance between service and education?
  - 3) If you could ask for one thing from your department chair to better support your program, what would it be?
  - 4) From your perspective, what are the distinctive needs of large neurology residency programs?

#### Results:

- Survey distributed to 35 adult neurology program directors
- Response rate: 43%

Question	Mean	Range
On a scale of 1-10 (with 10 being the best) to what extent do you receive enough resources from your department to run your residency program?	7.5	4-10
On a scale of 1-10 (with 10 being the best) how well does your department support the ideal balance between service and education?	7.1	5-10

#### Results:

Question	Responses (organized by theme)	Frequency
If you could ask for one thing from your department chair to better support your program, what would it be?	Rebalancing service/education needs	27%
	More administrative support	20%
	True protection of time	13%
	Research/travel support for residents	13%
	Autonomy	13%
	Faculty development	7%
	Geographic consolidation	7%
	Greater chair participation in program activities	7%

#### Results:

Question	Responses (organized by theme)	Frequency
From your perspective, what are the distinctive needs of large neurology residency programs?	Large programs are more complex and need extensive administrative resources (PD, staff, technology)	53%
	Greater clinical intensity for large programs by virtue of hospital size, service design, patient population (inpatient/outpatient balance)	40%
	Mentorship needs for large programs can outstrip PD resources	20%
	Unanticipated events/emergencies occur more frequently in larger programs, need for PD flexibility	20%
	Broad faculty engagement and development are critical for larger programs (variability)	20%

#### Conclusions:

- Neurology resident education is a critical strategic investment for institutions, our specialty, and our patients
- Large neurology program leadership is generally satisfied with its support, with room for improvement
- Administrative demands and service-education balance are particular challenges for large programs
- The consistent themes in the needs for large neurology programs suggest system-level interventions may be effective

# What Child Neurology Program Directors hope Neurology Chairs Know

Perspective from Child Neurology Programs

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### Disclosures

Editor of Neurology Section, AAP Grand Rounds

Immediate Past President, Professors of Child Neurology

Fierce Red Sox Fan

# Child Neurology

Just that - we are neurologists who see children and adolescents (and many young adults and older – more on that later)

We do not embrace the European concept of "neuropediatrician" and "neuropediatrics"

# What has happened over the last several years

Child Neurology now considered a 'core specialty' by the ACGME RRC, akin to neurology and psychiatry

The ACGME has declared that training in pediatrics or medicine/pediatrics be finished BEFORE starting a child neurology program

# **Implications**

Child Neurology PD should have 0.2 FTE supported for their work as PD

Child Neurology programs can now sponsor ACGME-approved fellowships - e.g., epilepsy

Financial support from local GMEC is now in play; this will vary considerably from general hospitals to free-standing Children's Hospitals

In many places, the waters are significantly muddied in terms of fundingv reporting structures

# Implications

Later converts are now a bit more difficult, as are IMG's joining child neurology

#### Education

Are we training child neurologists optimally in the adult neurology they will need to know?

Are we training adult neurologists in the child neurology they need to know?

Are we dealing with the massive issues of transition to adult care the therapeutic triumphs of the last two decades have now created?

#### Workforce issues

The number of child neurologists leaving the workforce annually is roughly equal to the number entering

The FTE of those leaving is a mean of 0.7 FTE clinical work;

The FTE of those entering is a mean of 0.3 FTE clinical work

# Questions and Discussion

